



It has been a busy couple of weeks in school and we hope you are enjoying the holidays. In this newsletter you will see lots of photographs of the activities the children have undertaken. We have also included a community page after the dates for the diary, highlighting what's happening in and around our local community.

When we return after Easter, the curriculum will include the topic of "Sex & Relationships". All lessons are age appropriate but if you have any questions regarding this please do have a chat with your child's class teacher.



Every class at All Saints' has made some daffodils to be displayed in the "Host of Golden Daffodils". They have been hung by Cockermouth Rotary around town. Keep your eyes peeled and see if you can spot them.



Nursery had the wonderful experience of meeting a 'PAT' therapy dog called Honey.

Honey has been through a veterinary assessment and extensive training to enable her to be used as a therapy dog. Her owner, Kristina, is visiting various schools to get Honey accustomed to being in a school environment. The children learned how to approach a dog, various jobs that dogs can do, how to take care of a dog and where to take a dog if they are unwell. The children were delighted to see Honey and loved giving her a stroke. Thank you for your visit Honey, we hope to see you in school again soon.



## Design Technology Competition

Every year the Rotary club organise a technology competition for the Cockermouth schools and this year we hosted it. We are very proud of our children who made part of a transporter bridge. They then had to pull a car over it and this was timed.

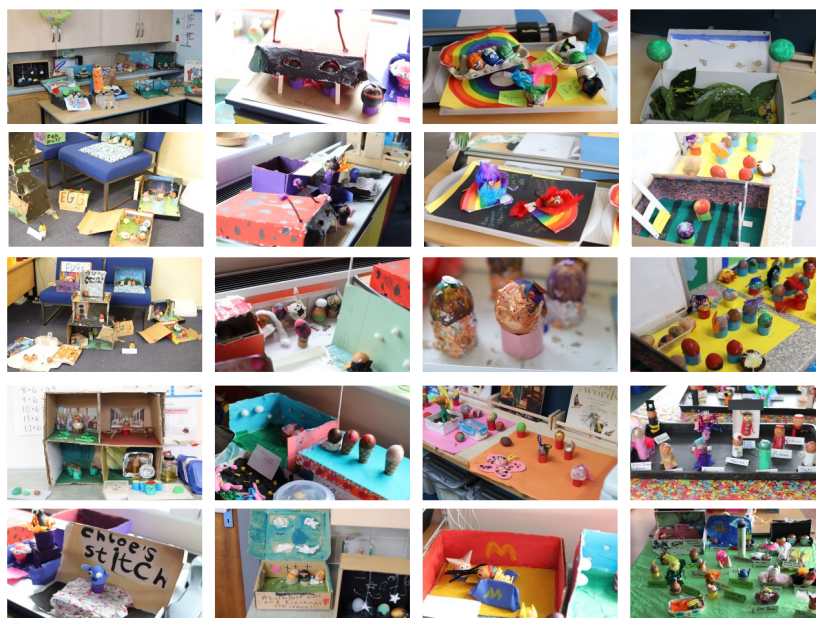
Fortunately, the car did not fall in the water!



## Egg Decoration

It was delightful to see all the decorated eggs. The children have been very creative.

The judges had a very difficult job this year!



## All Saints' HSA Easter Bingo

Thank you to everyone who attended the HSA Easter Bingo and to all those who donated an egg. It was a brilliant night and it was lovely to see not only members of our school but the wider community. The HSA raised over £400.00.



All Saints' Primary Strava Club

<https://www.strava.com/clubs/>

Following on from the success of our Strava Club, I would like to invite everyone to join, by following the link above and searching for "All Saints Primary School." We hope that, this may encourage the children to become more active over the Easter Break and beyond.

Previously we managed 2537 miles through walking, running and biking in February half-term 2021. I won't be recording the mileage, but children could tally up their own scores.

Children and parents can join our Strava team by downloading the app and searching All Saints' Primary School.

The aim is to provide some extra encouragement and motivation to keep our children and families active.

Thank you,  
Mr Charters

We wish you all the blessings of Easter and we look forward to welcoming the children back to school on Monday, 17<sup>th</sup> April.



Don't forget to follow, like and share our page on Facebook  
All Saints' Primary School, Cockermouth

## Dates for the Diary

Wednesday mornings

Baby and Toddler group 9.15am—11am

Monday 3rd April—Friday 14th April    EASTER HOLIDAYS

Monday, 17th April                      Summer Term Starts

Tuesday, 25th April                      Reception and Year 6 Class Photos

Monday, 1st May                          May Bank Holiday

Monday, 8th May                          King's Coronation Bank Holiday

### RESIDENTIALS

10th May—12th May

Year 4, Grasmere

22nd May—24th May

Year 3, St. John's in the Vale

24th May—25th May

Year 2, St. John's in the Vale

7th June—9th June

Year 6, Glasgow

21st June—23rd June

Year 5, Wooler

# ~ what's happening in and around the local community ~

Cumbria County Council



## Cumbria's Holiday Activity and Food Programme - Allerdale

### Book sessions in your area now!

- Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first come first served basis - and places are limited.
- Some activities involve after transport. Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) for full details.
- Dates are liable to change, please contact the activity provider for more information.

### Who is it for?

- The holiday activity programme is aimed at all school age children and young people (age 5-19).
- Places are FREE for young people who receive benefits related to Special Needs and eligible children in private care arrangements. All children who attend will also be provided with a lunch.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in the advert? Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to book holiday activities now! Or use the booking information provided.
- The 'HAF' email for enquiries: [HAF@Cumbria.gov.uk](mailto:HAF@Cumbria.gov.uk)
- You are not eligible for a free place if you are already on a paid place - please contact them for more information.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.

**Aspathia Dramaschemes (The Youth Club, Market Square, Aspathia)**  
Description: Arts, craft, physical activities and lots of fun. Meals included.  
Age range: 6-16  
Dates: 4th, 11th, 18th & 25th April  
Times: 10am-12pm  
Booking information: Call 01977 22850 or email [bookings@aspathia.co.uk](mailto:bookings@aspathia.co.uk)

**Blenchethra Field Studies (Blenchethra Centre)**  
Description: Outdoor activities including tubsout, climbing, mountain walks, great scrambling followed by a hot cooked lunch at the centre. Free transport available from Maryport, Workington, Cockermouth.  
Age range: 8-16  
Dates: 18th-19th April  
Times: 10am-12pm  
Booking information: Call 01768 776601 or email [enquiries@blenchethra.co.uk](mailto:enquiries@blenchethra.co.uk)

**The Endorphins Group (Moorcloose Community Centre, Workington)**  
Description: Our inclusive programme will consist of exciting activities to develop positive health indicators and life skills. Meals included.  
Age range: 5-16  
Dates: 4th, 11th and 18th April  
Times: 10am-12pm  
Booking information: Call 01902 132042 or email [info@endorphinsgroup.co.uk](mailto:info@endorphinsgroup.co.uk)

**The Football Fun Factory (Workington Leisure Centre)**  
Description: Easter Football fun, games, music, and more!  
Age range: 5-12  
Dates: 1st-4th April  
Times: 10am-3pm  
Booking information: Email [South@workingtonleisure.co.uk](mailto:South@workingtonleisure.co.uk)

Cumbria Holiday Activity Programme - Allerdale

**Available in Allerdale**  
**Carnegie Theatre Trust (Carnegie Theatre, Workington)**  
Description: Creative Art and music workshops, cultural events covering an amazing science and art and dancing fun. Meals included.  
Age range: 5-15  
Dates: 1st-4th April  
Times: 10am-12pm (1st & 3rd) or 1pm-3pm (2nd & 4th)  
Booking information: Call 01902 62122 or visit [www.carnegietheatre.co.uk](http://www.carnegietheatre.co.uk)

**Carlisle United Community Sports Trust (Wigton Rugby Club)**  
Description: The soccer camp is delivered by qualified FA licensed coaches, who will guide players through the correct technique, passing and set pieces, and tournaments with lots of fun. Meals included.  
Age range: 5-11  
Dates: 11th-14th April  
Times: 10am-12pm  
Booking information: Call 01793 55422 or email [enquiries@wignonsports.co.uk](mailto:enquiries@wignonsports.co.uk)

**The Endorphins Group (Moorcloose Community Centre, Workington)**  
Description: Our inclusive programme will consist of exciting activities to develop positive health indicators and life skills. Meals included.  
Age range: 5-16  
Dates: 4th, 11th and 18th April  
Times: 10am-12pm  
Booking information: Call 01902 132042 or email [info@endorphinsgroup.co.uk](mailto:info@endorphinsgroup.co.uk)

**The Football Fun Factory (Workington Leisure Centre)**  
Description: Easter Football fun, games, music, and more!  
Age range: 5-12  
Dates: 1st-4th April  
Times: 10am-3pm  
Booking information: Email [South@workingtonleisure.co.uk](mailto:South@workingtonleisure.co.uk)

**GLL Workington Leisure Centre**  
Description: Leisure and Multi-Sport activities including: Badminton, Table Tennis, and more!  
Age range: 5-11  
Dates: 1st-4th April  
Times: 10am-12pm  
Booking information: Email [Workington@glg.co.uk](mailto:Workington@glg.co.uk)

**GLL Workington Leisure Centre**  
Description: Junior Gym Membership, induction and more!  
Age range: 12-16  
Dates: 1st-4th April  
Times: 10am-12pm  
Booking information: Email [Workington@glg.co.uk](mailto:Workington@glg.co.uk)

**GLL The Wave Leisure Centre, Maryport**  
Description: Leisure and Multi-Sport activities including: Badminton, Table Tennis, and more!  
Age range: 5-11  
Dates: 4th, 11th & 18th April  
Times: 10am-12pm  
Booking information: Email [glg@glg.co.uk](mailto:glg@glg.co.uk)

**GLL The Wave Leisure Centre, Maryport**  
Description: Junior Gym Membership, induction and more!  
Age range: 12-16  
Dates: 1st-4th April  
Times: 10am-12pm  
Booking information: Email [glg@glg.co.uk](mailto:glg@glg.co.uk)

**South Workington Youth Partnership (Moorcloose Community Centre, Workington)**  
Description: Fun, fun and all things Easter. Meals included.  
Age range: 5-16  
Dates: 1st-4th April  
Times: 10am-12pm  
Booking information: Call 01902 132042 or email [info@southworkingtonyouth.co.uk](mailto:info@southworkingtonyouth.co.uk)

Cumbria Holiday Activity Programme - Allerdale

**St Joseph's Catholic High School, Workington**  
Description: 4 days of Easter, Drama, Crafts and confetti making, there's more activities. Meals provided.  
Age range: 4-16  
Dates: 11th-14th April  
Times: 10am-12pm  
Booking information: Call 01902 66433 or email [bookings@stjosephs.co.uk](mailto:bookings@stjosephs.co.uk)

**Shipping Stores Day Nursery, Maryport**  
Description: Fun activities including painting, cooking, crafts, singing and games. Meals included.  
Age range: 2-5  
Dates: 4th, 11th & 18th April  
Times: 10am-12pm  
Booking information: Call 01902 47773 or email [bookings@shippingstores.co.uk](mailto:bookings@shippingstores.co.uk)

**Wigton Baths**  
Description: Swimming, food and fun session, inclusive a voucher for a meal from Café Terrace!  
Age range: 4-16  
Dates: 4th, 11th & 18th April  
Times: 11am-12pm  
Booking information: Call 01907 34382 or email [bookings@wigtonbaths.co.uk](mailto:bookings@wigtonbaths.co.uk)

**Wigton Youth Station**  
Description: Lots to do including: games, puzzles, games, walking, artistic activities, plus arts and crafts. Meals included.  
Age range: 11-16  
Dates: 4th, 11th & 18th April  
Times: 2pm-6pm  
Booking information: Call 01907 44000 or email [info@wigtonyouthstation.co.uk](mailto:info@wigtonyouthstation.co.uk)

**Workington Reds in the Community (Lakeside College)**  
Description: Easter Football Camp with meals included.  
Age range: 5-11  
Dates: 1st-4th April  
Times: 10am-12pm  
Booking information: Through our website: <http://www.workingtonredsinthecommunity.co.uk>



Serving the people of Cumbria

cumbria.gov.uk



## Reminder of where kids can eat for less this Easter

### Beefeater & Brewers Fayre

Two kids get a free breakfast with one paying adult.

<b>Morrisons</b> Get one free kids meal when you spend £4.49	<b>Sainsburys</b> Kids eat for £1 when you buy an adult hot main
<b>Asda Café</b> Kids eat for £1 (no adult spend needed)	<b>Ikea</b> Kids get a meal for 50p (from 11am)
<b>Bella Italia</b> Kids eat for £1 with any adult main (Mon-Thurs, 4-6pm)	<b>Hungry Horse</b> On Mondays, kids eat for £1.

## KESWICK MUSEUM

IN THE TOWN'S GLORIOUS FITZ PARK

Invite us to celebrate its 125th Anniversary on **TUESDAY 11TH APRIL 2023**

when Admission for all visitors **3 PENCE!** to the museum will be just

*(The 1898 equivalent of today's admission price)*

Visitors are also invited to enjoy Fitz Park's wonderful **FREE** facilities - children's playground, sports area and riverside walks.

**ALL WELCOME!**

STATION ROAD, KESWICK CA12 4NP

## GIRLS & WOMEN SUMMER TOUCH RUGBY

**WED 29th MARCH - WED 23rd AUGUST**  
5.30pm - 6.30pm

Funded by **SPORT ENGLAND**  
Cockermouth RUFC, Strawberry Howe, CA13 9XQ

## SUMMER TOUCH RUGBY

Open to all ages, genders & abilities

**WED 29th MARCH - WED 23rd AUGUST**  
6.30pm - 7.30pm

**£1 a player**  
(non members will register as social members)

## FRIDAY NIGHTS WITH COCKERMOUTH RUFC

IN PARTNERSHIP WITH CHANCE CAMP

Multi sports for the kids, family touch rugby & netball available. **PLAY THE SAME OR DIFFERENT ACTIVITIES!** Or put your feet up and enjoy the views!

**SPORTS 6PM - 7.30PM**  
**BAR OPEN 6PM - 9PM**  
**FOOD AVAILABLE**

FRIDAY 28TH APRIL | FRIDAY 19TH MAY  
FRIDAY 16TH JUNE | FRIDAY 21ST JULY  
FRIDAY 18TH AUGUST

ACTIVITIES **£3.50** P/PERSON  
\*FAMILY DISCOUNTS WILL BE AVAILABLE

## CHANCE 4 NETBALL JUNIORS

Learn new skills, enjoy fun games & matches with new coaches Terry & Tasha

**MONDAY 24TH APRIL TO MONDAY 22ND MAY**  
TENNIS COURTS AT COCKERMOUTH RUGBY CLUB

School Year 2, 3 & 4: 4.30pm to 5.30pm  
School Year 5, 6 & 7: 5.30pm to 6.30pm

**£20 per person**  
only 20 places available!

TEXT CHANCE4NETBALL TO 07789991134 AND A BOOKING FORM WILL BE SENT

## Healthy Habits 4 Life

Healthy Habits 4 Life is a **FREE** programme run by the Public Health 5-19 team for families in Cumbria with children in Reception to Year 7 who want to make the change to a healthier lifestyle. Families will be offered 1:1 support and advice on a range of areas:

A Public Health Practitioner will arrange to meet with you at a time and place to suit you and your family, this could be in your own home, at school or via video and will work with you over a number of weeks.

If you would like to know more or want your child to be included please contact us via the E-School Nurse clinic [E-SchoolNurse@ncic.nhs.uk](mailto:E-SchoolNurse@ncic.nhs.uk)

**happierhealthiercommunities.**

**NHS** North Cumbria Integrated Primary

Public Health 5-19