



ALL SAINTS' CE PRIMARY SCHOOL NEWSLETTER 30th June 2023

Its been a busy half-term so far with more to come! Here you'll see what's coming up and what's been happening in school since the last newsletter.

Year 3 are doing the Chocolate Challenge – for Fairtrade, learning all about the Bean to Bar, culminating in the Fairtrade Coffee Morning at Christ Church rooms on Saturday, 1st July 9.30am– 11.30am



FAIRTRADE

There will be Brownie tasting and other Fairtrade items and a Fairtrade Raffle.

We have received a big THANK YOU from the North Lakes Foodbank for our donation from Charity Day. Charity Day raised over £460 and half of that was donated to Zarach, a charity who delivers beds and basics to children in poverty and half to the North Lakes Foodbank.



The Foodbank collects food donated from the local community and gives it to people who are in need. Last year over 7,600 people across the North Lakes area (what was Allerdale and Copeland) received emergency food from the Foodbank and over 750 children were fed in each of the school holidays through the Holiday Lunchpack Scheme. All together this came to over 116,000 kg of food being given out over the course of last year.

The Foodbank asked us if we could turn our money in to food and so Eliana and Richard went shopping last week. They went to the shops and looked at an App called 'Bank the Food' to see what sort of food the Foodbank were short of. They bought 82kg of food with the money and dated it all for the Foodbank as well. Well done Eliana and Richard!



www.bankthefood.org

School Noticeboard

- ◆ Smart watches must not be worn in school.
- ◆ From September PE kit will be plain black t-shirt and black shorts (no logos)
- ◆ Please be mindful of our neighbours when dropping off and picking up from school. Please park considerately, please do not block people in, please do not park on yellow lines or across driveways. Please leave enough room for emergency vehicles.

WALK DAY



RECEPTION
YEAR 1
YEAR 2
4TH JULY



YEAR 3
YEAR 4
YEAR 5
YEAR 6

7TH JULY



Raffle

Bungee Run

LET'S Celebrate AND HAVE FUN

ALL SAINTS HSA SUMMER FAIR
TITANS RUGBY GROUND | THURSDAY 6TH JULY
5.30PM - 7.00PM

AVAILABLE Obstacle Course

BBQ

GAMES | TOMBOLA | FACE PAINTING
AND MUCH MORE...

EVERYONE WELCOME

NURSERY WALK DAY 6TH JULY

Karen Harwood who is a Public Health Practitioner is coming into school at 2.15pm for an hour on **Wednesday 5th July** for a 'Trying new foods' workshop. It is a very informal friendly hour for parents who would like help in encouraging their children to try new foods. The first half hour is for parents and will be about strategies for fussy eating. The second half hour is when the children join for a tasting session with a selection of fruit and vegetables. Please can you let us know if you are able to attend as places are limited.



Bring a donation for the foodbank

FOR YEARS 3, 4, 5 AND 6 —PLEASE FEEL FREE TO WEAR SOMETHING GREEN FOR THE WALK DAY

NORTH LAKES foodbank **GREEN Foodbank DAY**

Friday 7th July

Wear something **GREEN** and donate to the foodbank

Help your community and have fun at the same time.

Please only give if you can

Thank you!

Need help with food? Call our helpline. Freephone 0808 208 2138

Please donate from the list.

- Tinned Rice Pudding
- Pasta (500g)
- Tinned Meat
- Tinned Veg (Carrots, Peas, Sweetcorn)
- Tinned Tuna
- Sponge Pudding
- Tinned Fruit
- Biscuits
- Jam
- Baked Beans
- Tinned Potatoes
- Pasta Sauce
- Dried Rice (500g)
- Cereal (approx 350g)

Member of the **trussell trust**

SCHOOL TRIPS



YEAR 3 — LOW STANGER FARM



YEAR 6 RESIDENTIAL — GLASGOW



YEARS 6 LEAVERS SERVICE
CARLISLE CATHEDRAL



YEAR 1 — WHINLATTER



RECEPTION—ROOKERY
WOODS & CASTLERIGG STONE
CIRCLE



YEAR 5 RESIDENTIAL — WOOLER

Dates for the Diary

Wednesday mornings

Monday, 3rd July

Tuesday, 4th July

Tuesday, 4th July

Tuesday, 4th July

Wednesday, 5th July

Thursday, 6th July

Thursday, 6th July

Friday, 7th July

Friday, 7th July

Monday, 10th July

Monday, 10th July

Wednesday, 12th July

Friday, 14th July

Monday, 17th July

Tuesday, 18th July

Wednesday, 19th July

Baby and Toddler group 9.15am—11am

Nursery Introduction Meeting

Reception, Year 1 and Year 2 Walk Day

Reception Introduction Meeting

Year 6 Transition Day - Cockermouth School

2.15pm-3.15pm Eating New Foods - parents invited to come along for a food taster session

Facility visit to Maryport Aquarium and beach

Summer Fayre at 5.30pm-7.00pm at Titans Rugby Ground

Years 3, 4, 5 and 6 Walk Day

Green Foodbank Day - Wear Something Green and donate an item of food to the foodbank

KS2 Girls Rugby Festival

Year 5 to Cockermouth School (morning only)

Reception - Native American Fun Day

Year 5 to Cockermouth School (all day)

Park Day - Nursery, Reception, Years 1 and 2

Park Day - Years 3, 4, 5 and 6

Year 6 Leavers Assembly

Wednesday, 19th July
End of Term
Finish at 1.15pm



Don't forget to follow, like and share our page on Facebook
All Saints' Primary School, Cockermouth

~ what's happening in and around the local community ~

FREE Holiday Club for ages 4-11

COCKERMOUTH CHRISTIAN CENTRE

ICE AGE ADVENTURE

21st - 23rd August, 10am - 1pm, includes **FREE lunch**

Craft, Songs, Drama, Games, Bible Stories + lots more fun!

Online sign up page coming soon

Find us at Cockermouth Christian Centre, Highfield Road, Cockermouth, CA15 9JF.

Workington Reds In The Community Ltd.
Borough Park
Workington
Cumbria
CA14 2DT

To whom it may concern.

I am writing to you with regards to our upcoming summer holidays football camps that take place at Lakes College in throughout the holidays.

Through the Cumberland Council and the Holiday Activity Fund, we have received funding for children on Free School Meals to gain free spaces on the camp and a free hot meal provided everyday of the camp.

Children are eligible to attend up to 16 individual days in the summer.

To book your child onto the camp please visit:
<https://workingtonredsinthecommunity.class4kids.co.uk>

Use code EXE926 to claim your free space

Regards,

Conor Cooke
Workington AFC
07931756992
conor@workingtonafc.com

workingtonafc.co.uk



GIRLS & WOMEN SUMMER TOUCH RUGBY

WED 29th MARCH - WED 23rd AUGUST
5.30pm - 6.30pm

Funded by **SPORT ENGLAND**

Cockermouth RUFC, Strawberry Howe, CA13 9XQ

SUMMER TOUCH RUGBY

Open to all ages, genders & abilities

WED 29th MARCH - WED 23rd AUGUST
6.30pm - 7.30pm

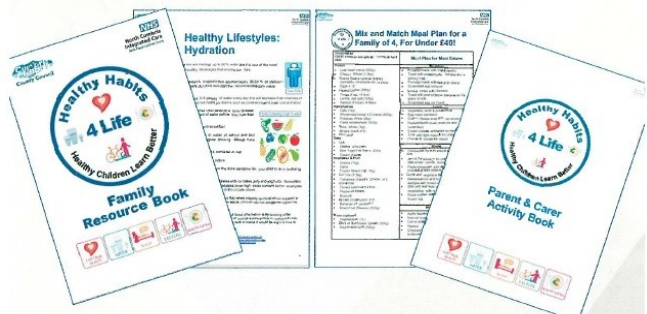
£1 a player
(non members will register as social members)



Public Health 5-19

Healthy Habits 4 Life

Healthy Habits 4 Life is a **FREE** programme run by the Public Health 5-19 team for families in Cumbria with children in Reception to Year 7 who want to make the change to a healthier lifestyle. Families will be offered 1:1 support and advice on a range of areas:



A Public Health Practitioner will arrange to meet with you at a time and place to suit you and your family, this could be in your own home, at school or via video and will work with you over a number of weeks.

If you would like to know more or want your child to be included please contact us via the E-School Nurse clinic
E-SchoolNurse@ncic.nhs.uk

happierhealthiercommunities.



FRIDAY NIGHTS WITH COCKERMOUTH RUFC

IN PARTNERSHIP WITH CHANCE CAMP

Multi sports for the kids, family touch rugby & netball available.
PLAY THE SAME OR DIFFERENT ACTIVITIES!
Or put your feet up and enjoy the views!

SPORTS 6PM - 7.30PM
BAR OPEN 6PM - 9PM
FOOD AVAILABLE

FRIDAY 28th APRIL | FRIDAY 19th MAY
FRIDAY 16th JUNE | FRIDAY 21st JULY
FRIDAY 18th AUGUST

ACTIVITIES **£3.50** P/PERSON
FAMILY DISCOUNTS WILL BE AVAILABLE

CHANCE 4 NETBALL JUNIORS

MONDAY 24th APRIL TO MONDAY 22nd MAY

TENNIS COURTS AT COCKERMOUTH RUGBY CLUB

School Year 2, 3 & 4: 4.30pm to 5.30pm
School Year 5, 6 & 7: 5.30pm to 6.30pm

£20 per person
only 20 places available!

TEXT **CHANCE4NETBALL** TO **07789991334**
AND A BOOKING FORM WILL BE SENT