

## Introduction

**The 1decision resources have been created to provide schools with the flexibility to deliver PSHE lessons in line with the needs of your students. The needs of your students will vary depending on geographical location, local community, and social issues.**

It is important that teaching staff understand our delivery guides are only a suggestion and to tailor our resources to the needs of their students and community.

Topics can be delivered as standalone PSHE lessons, or filtered into other areas of the curriculum. *For example: our 'In-app Purchases' topic could form a maths lesson.*

Within this document, you will find our suggested cycle plans and individual year-by-year plans. This order of delivery is the most commonly used, and the one we suggest to most schools.

**Please see alternative delivery plans in the [Teacher Area](#).**

*If you require any further assistance with the delivery of our resources, please do not hesitate to contact us at [info@1decision.co.uk](mailto:info@1decision.co.uk).*

## Using the Baseline Assessments

A baseline assessment is provided for each module and is suggested for Year 1 and Year 4. The baseline activities will enable you to gain an understanding of your pupils' current knowledge and support your long-term assessment of pupils' knowledge and skills.

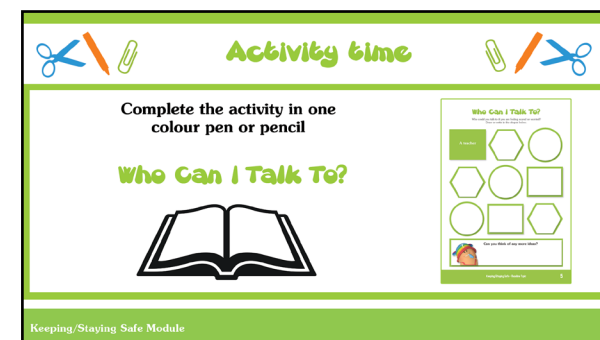
In an ideal world, we would all be introducing 1decision in Year 1 and following the delivery plan until the children leave in Year 6.

However, this may not be the case if you are introducing 1decision from years 2-6.

If you are starting in Year 2 or 3, we would still suggest that you start at the baseline assessment and work your way through the topics in the same sequence, removing any topics you have covered previously.

Alternatively, if you were starting in Year 5 or 6, you would start at the baseline suggested for Year 4. It will typically take a school around one academic year to catch up.

Some baselines are very brief and some, when used in detail, could form a lesson and sometimes even two. This really will depend on the amount of time you give to discussions.



# Suggested topic delivery plan - Years 1-3 Breakdown

**IMPORTANT NOTE: If you are starting in Year 2/3, you should still start from the beginning with the Baseline Assessment from Year 1.**

	Keeping/ Staying Safe	Keeping/ Staying Healthy	Relationships	Being Responsible	Feelings & Emotions	Computer Safety	Our World	Fire Safety SPECIAL*	Hazard Watch <i>(This module will soon be replaced)</i>
YEAR 1	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	
	Topic & Extension: <b>Road Safety</b>	Topic & Extension: <b>Washing Hands</b>	Topic & Extension: <b>Friendship</b>	Topic & Extension: <b>Water Spillage</b>	Topic & Extension: <b>Jealousy</b>	Topic & Extension: <b>Online Bullying</b>	Topic & Extension: <b>Growing in Our World</b>	Topic & Extension: <b>Hoax Calling</b>	
YEAR 2	Topic & Extension: <b>Tying Shoelaces</b>	Topic & Extension: <b>Healthy Eating</b>	Topic & Extension: <b>Bullying</b>	Topic & Extension: <b>Practice Makes Perfect</b>	Topic & Extension: <b>Worry</b>	Topic & Extension: <b>Image Sharing</b>	Topic & Extension: <b>Living in Our World</b>	Topic & Extension: <b>Petty Arson</b>	Long-Term Baseline Assessment
	Topic & Extension: <b>Staying Safe</b>	Topic & Extension: <b>Brushing Teeth</b>	Topic & Extension: <b>Body Language</b>	Topic & Extension: <b>Helping Someone in Need</b>	Topic & Extension: <b>Anger</b>	Topic & Extension: <b>Computer Safety Documentary</b>	Topic & Extension: <b>Working in Our World</b>	Topic & Extension: <b>Texting Whilst Driving</b>	Is it safe to eat or drink?  Is it safe to play with?
YEAR 3	Topic & Extension: <b>Leaning Out of Windows</b>	Topic & Extension: <b>Medicine</b>	Topic & Extension: <b>Touch</b>	Topic & Extension: <b>Stealing</b>	Topic & Extension: <b>Grief</b>	Topic & Extension: <b>Making Friends Online</b>	Topic & Extension: <b>Looking After Our World</b>	Topic & Extension: <b>Enya &amp; Deedee Visit the Fire Station</b>	Long-Term Summative Assessment
	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	

*\*Please note: Although the Fire Safety module features our young character Deedee, you may find that the lesson content is also suitable for older children.*

# Suggested topic delivery plan - Years 4-6 Breakdown

**IMPORTANT NOTE: If you are starting in Year 5/6, you should still start from the beginning with the Baseline Assessment from Year 4.**

	Keeping/ Staying Safe	Keeping/ Staying Healthy	Growing & Changing	Being Responsible	Feelings & Emotions	Computer Safety	The Working World	A World Without Judgement	First Aid SPECIAL
YEAR 4	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>	Long-Term Assessment: <b>Baseline Topic</b>
	Topic & Extension: <b>Cycle Safety</b>	Topic & Extension: <b>Healthy Living</b>	Topic & Extension: <b>Appropriate Touch (Relationships)</b>	Topic & Extension: <b>Coming Home on Time</b>	Topic & Extension: <b>Jealousy</b>	Topic & Extension: <b>Online Bullying</b>	Topic & Extension: <b>Chores at Home</b>	Topic & Extension: <b>Breaking Down Barriers</b>	Topic & Extension: <b>First Aid Year 4</b>
YEAR 5	Topic & Extension: <b>Peer Pressure</b>	Topic & Extension: <b>Smoking</b>	Topic & Extension: <b>Puberty</b>	Topic & Extension: <b>Looking Out for Others</b>	Topic & Extension: <b>Anger</b>	Topic & Extension: <b>Image Sharing</b>	Topic & Extension: <b>Enterprise</b>	Topic & Extension: <b>Inclusion &amp; Acceptance</b>	Topic & Extension: <b>First Aid Year 5</b>
	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	Topic: <b>Adults' &amp; Children's Views</b>	
YEAR 6	Topic & Extension: <b>Water Safety</b>	Topic & Extension: <b>Alcohol</b>	Topic & Extension: <b>Conception</b>	Topic & Extension: <b>Stealing</b>	Topic & Extension: <b>Worry</b>	Topic & Extension: <b>Making Friends Online</b>	Topic & Extension: <b>In-App Purchases</b>	Topic & Extension: <b>British Values</b>	Topic & Extension: <b>First Aid Year 6 (Part 1)</b>
	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Topic & Extension: <b>First Aid Year 6 (Part 2)</b>
	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>	Long-Term Assessment: <b>Summative Topic</b>

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